

**SAYINGS  
IN  
ENGLISH**

**(Peerzada Dr. Haroon-ur-Rasheed Kashmiri)**

- ☆ A friend is one who knows when he is needed without being asked.
- ☆ People love Allah Ta'ala and Hazoor Sallalaho Alaihe Wasallam but, in their own way, not the way told by Shariah.
- ☆ If your wisdom can't lead you to Allah Ta'ala, then you are not wise in the true sense even if you are ruling the world.
- ☆ Thinking and having insight are two different things.
- ☆ Death is not the end of life, it is the beginning of a new life somewhere else.
- ☆ If you want peace of heart and mind then serve others without any greediness.
- ☆ Serve others, you will be respected.
- ☆ Love people, not their pockets.
- ☆ Never lose hope and always have faith in Allah Ta'ala.
- ☆ After bait, your mind is connected to your Murshad's mind. The strength of this bonding depends upon your love, respect and dedication to your Murshad.
- ☆ Share your love and bury hatred.
- ☆ If you are working for a true cause, don't conceal your true identity. If you are not telling the truth about yourself, then you are telling a lie and a liar should not be a preacher.

- ☆ When a person claims from the depth of his heart that he loves Allah Pak Jalla Shanahu, nothing is left in his life except Allah.
- ☆ When I took a step towards you, everyone left me alone .....  
now, I fear and pray, my beloved Allah please never leave me alone.
- ☆ Since I have started looking at my shortcomings, I forgot to look at others.
- ☆ Imagining myself on a death bed, all life looks meaningless.
- ☆ If you claim to love Allah but don't have difficulties in your life, then your love is not true.
- ☆ To learn spiritualism (tasawwuf), you don't need worldly knowledge but you should have knowledge of Shariah.
- ☆ To learn worldly knowledge , you have to ask questions and discuss things  
but  
to learn spiritualism, you should remain silent, humble and patient.
- ☆ If you want peace of mind and heart, learn the knowledge to help others, not to rule others.
- ☆ Be humble and polite.
- ☆ Humbleness takes you closer to Allah Ta'ala.

- ☆ Give to everyone and expect from no one.
- ☆ You always expect from others, what have you done so far for others?
- ☆ What would you like/ wish / want/ expect / hope / think / pray / desire Allah Ta'ala to do with you on the Judgement day , do the same with your fellow beings.
- ☆ Allah is always waiting for you, what is keeping you away from Allah.....?
- ☆ Forgive others for the sake of Allah..... and Allah will forgive you.
- ☆ Tolerate, forgive and be patient.
- ☆ Things are not happening as I wished..... this means, Allah has planned and destined something else for me. Alhamdulillah alaa kullay haal.
- ☆ I live in a world where there is nothing but "TRUTH" and I feel suffocated, in this real world with so many people with faces decorated with lies, greed, lust, hatred, pride and selfishness.
- ☆ Work for HIM who will be with you forever..... who? Allah!!!! Remember life never ends (in the real sense.)
- ☆ Listen to the water in electric kettle. It makes a loud

noise before boiling but just a moment before boiling the noise decreases, a moment of silence. Similarly new comers speak a lot but a learned (Kaamil) remains silent and astonished.

- ☆ When you see leaves of the trees moving,  
you say the wind is blowing  
although you have not seen the wind  
but you say it with surety.  
Look at the universe....  
billions of stars are moving  
Allah Ta'ala is moving them,  
although you cannot see Allah Ta'ala.  
Look at the wisdom of people,  
they don't see the wind but they believe in the wind  
but...  
when they don't see Allah Ta'ala  
they become disbelievers.
- ☆ Don't look at what people are doing with you, if Allah is blessing you with good out of people's wrong doings with you, you are on the right path.
- ☆ Sometimes, words said with good intention are interpreted in a wrong sense, be positive. Don't take words out of the context.
- ☆ Hazoor Sallallahu Alaihe Wassallam said:  
"I am the city of knowledge and Ali is its gate".  
Today  
Your Shaikh (Murshad) is the gate of this city because he has got the blessings from Hazrat Ali karam Allah Wajhu.  
You should ask the route of your destination to your Shaikh (Murshad) before trying to enter this city of

knowledge, otherwise you will be lost.

- ☆ Ittehad bain ul muslemeen (Unity among Muslims) is easy to say, most difficult to attain.
- ☆ 2010. New Year , new life , new strength , new horizons, new world  
where  
no lies, no politics, no envy, no grudges, no backbiting, no compromises  
only the supreme command of Shariah. Alhamdulillah, serving Ummah, serving humanity, enlightening hearts.
- ☆ Always analyse and look through the glasses of Shariah before following a Peer (Murshad).
- ☆ In spite of attending so many spiritual gatherings, your heart is still full of jealousy, lies, hatred, grudges, ego, pride and selfishness.
- ☆ Even after getting so much education, you did not understand that this wealth is not yours, this belongs to Allah & Allah has given this wealth to you as a test.
- ☆ When you went to primary school for the first time, did you ask your teacher, what is his education?  
When he drew a line and asked you to say "alif"  
did you say.....no it's a line not alif.  
So first thing is..... get rid of your previous knowledge if you want to learn Tasawwuf.
- ☆ Spending 3 hours on facebook is very easy but reciting Darood-e-Pak for 3 hours is very difficult.
- ☆ Hope should never die.

Give hope to others.

- ☆ There are 300 billion stars (our sun is one of them) in our galaxy and there are 100 billion galaxies in the universe.
- ☆ Do you have the courage and strength, love and passion, thirst and hunger for knowledge of Tasawwuf.. then step forward and recite Darood-e-Pak for 3 hours daily.
- ☆ Recite Darood-e-Paak for 45 minutes daily in one sitting to observe the blessings and peace in your heart.
- ☆ Tolerate bad attitudes.
- ☆ To be helpful one has to go through the pain which others are facing / suffering.
- ☆ Love humanity and take care of your fellow beings.
- ☆ Stop hatred and spread Islam (Peace).
- ☆ Backbiting always breaks the unity.
- ☆ I asked yesterday where are you my friend.....??  
He replied today.  
Sach hay Qalandar zameen per paaon marta hay , deed ki lazzat me doob ke, koi doosra nahi samajh sakta is wassal ko.  
Whirling Darwesh.....Haq ay Haq.
- ☆ I am busy in the world and don't have time for You. Even then, my Friend, You are taking care of me and all those whom I love more than myself. Thank You my beloved Allah (SWT).

- ☆ Patience and silence are the keys of success in learning Tasawwuf.  
Example: The story of Hazrat Musa Alaihi Salam and Hazrat Khizar Alaihi Salam.
- ☆ Those who got resources are selfish (Most of them), greedy, careless, cruel and opportunist. You know my beloved Allah, I have nothing but You so help me please to serve the suffering human beings.
- ☆ There is no limit of greed, a greedy person is never at peace . He is burning himself in jealousy for what so ever other possesses.  
This is his punishment in this world.
- ☆ A humble request.....get rid of spiritual diseases like jealousy, greed, backbiting, telling lies, grudge, anger and proudness.
- ☆ Sufism.....a true picture of Islam.  
Sufis .....true humble preachers of Islam.
- ☆ Now a days...unfortunately people value success , not values.
- ☆ Serve, not rule.  
Basic thing of Sufism.
- ☆ In fact we love each other's souls, not the appearance and body. When a person dies, we weep not for the body but the soul which has left.
- ☆ I called and looked around  
but  
heard the reply in my heart

heart can see what eyes cannot  
soul can go where body cannot.

- ☆ Iman, ittehad, tanzeem (unity, faith, discipline) within us is essential to serve Ummah and preach the true Islam....Sufism.
- ☆ Learn the Sufism of Ashab-e-Suffa, not the one which has been spread by fake Peers (Murshad).
- ☆ Interfaith dialogue is necessity of the day.
- ☆ Every intellectual is left alone at the peak because nobody understands his talk.
- ☆ You are struggling to earn more money  
you are working hard to get promotion  
Allah (SWT) wants you to become "Khalifa tullah"  
but you, O slave of ego!  
you are running away from Allah(SWT)  
you are not struggling for Allah's wish.
- ☆ He asked me to pray that he becomes beloved of Allah (SWT). I prayed. Then he asked "how I will know whether it has been accepted?".  
I said, " if accepted, Allah (SWT) will test you through:  
i. Decrease in your wealth  
ii. Ailments  
iii. Blames".
- ☆ We claim to love Allah, not from our hearts, that's why we cannot progress spiritually.
- ☆ Islam means "Total submission to Allah (SWT)"  
Judge yourself.....

- ☆ Be humble when you have power.
- ☆ For example:
  - Wishing to go in Pre-medical = 10 Karore (100 Million)
  - getting admission in Pre-medical = 1 Karore (10 Million)
  - getting admission in a medical college = 100,000 and becoming a doctor.
  - Doctors serving humanity = A few
  - (In real sense I served humanity Alhamdulillah).
  - I never asked= why me??
  - (If) Total Muslims in the world = 100 Karore (1 Billion)
  - Practising Muslims = 1 Karore (10 Million)
  - Selected Muslims (Fuqra, Darwesh) = A few
  - I was a medical doctor but Allah Ta'ala selected me for preaching His Deen "Islam"
  - I never asked = why me??
  - Now if there are some issues / problems in my personal life
  - I should not ask = Why me??
- ☆ Take care of your loved ones even if they don't respond positively.  
This is the Sunnah of Allah (SWT).
- ☆ If people get help in time from their loved ones no one will commit suicide.
- ☆ Don't only help verbally but also physically, financially, morally and whatever means you have.
- ☆ Sacrifice has a high rank on the path of love.
- ☆ There are so many unsaid things of unseen world because there are no words to explain them. Only

purified hearts know and understand them.

- ☆ You have to wait patiently on the path of life to see your final destination, fate, and Allah's blessings and gift.
- ☆ When Allah (SWT) wants someone to come closer to Him, He breaks his/her heart.  
There is hidden love which is discovered mostly at the end.
- ☆ O Allah! close my eyes for pretty one (worldly things) &  
open my eyes for the best.  
Allah is the best & Aaqa Kareem Sallallahu Alaihe Wassalam is the best among His creation.
- ☆ Think about your grave  
your home for years  
plan for the interior decoration.  
there are two types of windows available for fitting in the grave  
one opening to Jannah  
other opening to Hell  
select any one now  
and then  
pay in advance .  
"Ya Haeeyo Ya Qaeeyum"
- ☆ In sorrow  
as well as in happiness  
remember one thing  
the time will not always remain the same.
- ☆ Ishq-e-Muhammadi Sallallahu Alaihe Wasallm is incomplete without

Ishq (extreme love) for Ummah.

- ☆ I love you O people,  
but  
I will not help you  
I will not spend on you  
I will not try to solve your problems  
because  
Those are not my problems  
but  
I am telling the truth  
I love you because we are Ummah  
and  
I am an extreme lover of Aaqa Kareem Sallallahu Alaihe  
Wassalam  
hmhhh  
Aaqa Kareem Sallallahu Alaihe Wassalam's blessed  
companions shared each and everything they possessed  
after migration to Madina Munawara.  
That's how the Ummah started like a family.  
We say to others  
Oh you are my brother,  
you are my sister,  
but  
we don't have the courage to share even penny.
- ☆ When you come to a Darwesh or Faqeer  
remove your shoes  
along with your ego, wisdom  
worldly gains & status.  
Only then you will be able to learn  
"FAQR" (spiritualism).
- ☆ I don't know  
when the war between

the heart and the brain will stop  
on the way  
towards eternity.  
I think  
it's a life long struggle.

☆ Everybody says:  
Teach me spiritualism  
I will do whatever you say  
but when he leaves  
he does what he wants to do.  
He follows his own will  
then complains  
nothing has happened to me  
spiritually.

☆ Sufism:  
Practising the knowledge of Islam  
copying Aaqa Kareem Sallallahu Alaihe Wassalam in  
all aspects  
extreme love for Allah Ta'ala  
&  
Aaqa Kareem Sallallahu Alaihe Wassalam.  
More simple definition of Sufism  
Practical Islam  
should always be on top priority  
in your life.

☆ She asked me to pray  
that Allah make her a Muslim like me.  
I prayed that Allah Almighty bless you to be a good  
Muslim & fulfil your desires  
she complained that I changed the words.  
I politely told her  
Sufism is not a bed of roses.

It is the most difficult way of life.

- ☆ Illiteracy is not a hindrance in becoming lover of Allah  
Subhana Wata'ala  
&  
Aaqa kareem Sallallahu Alaihe Wassalam.
- ☆ Easy to say  
much difficult to live with  
but if you want the closeness to  
Allah Pak Jalla shanahu  
you have to travel on this path.  
Think a million times before saying "Ameen".
- ☆ I am astonished  
you struggle your entire life for earning a high post in  
this world  
but  
you want closeness to Allah Ta'ala  
(Qurb-e-Ilahi) for granted.
- ☆ Serve humanity  
simply  
this is ISLAM.
- ☆ This may be the last moment of your life do something  
positive.
- ☆ Don't do anything, for which you will be ashamed of  
tomorrow.
- ☆ I am never alone  
even alone tells "al one"  
meaning  
"All in one"

infact  
only HE exists.

- ☆ There are billions of drops of water but only two drops are worth mentioning. One which at the end converts into a pearl other which extinguishes the hell fire. One is in nature's control other is in your control. Then what are you waiting for? Just a drop of tear for Allah!!!
- ☆ Never compromise in Shariah.
- ☆ Q: What does Noore-e-Darwesh mean?  
A: Enlightening people's hearts, minds & souls with the knowledge of Tasawwuf in accordance with Shariah by a Darwesh (A Sufi) .
- ☆ Three Rules to remember & practice:
  1. Whatever you are doing, Allah is watching.
  2. Whatever you are thinking, Allah knows.
  3. Whatever you are speaking, Allah is listening.(Baba ji Sarkar R.A)
- ☆ One day when the Holy Prophet Sallallahu Alaihe Wassalam was giving a Friday sermon, a Bedouin came and asked "Ya RasulAllah, when will the Day of Judgement occur?" The Holy prophet (P.B.U.H) did not answer the Bedouin and remained silent for sometime, so the Bedouin asked again, but again the Holy Prophet (P.B.U.H) did not answer.

After a period of time, the Bedouin asked his question for the third time.

Immediately Hazrat Jibraeel Alaihe Salam appeared before the Holy Prophet (P.B.U.H) and said,

"Ask him what has he prepared for that day?"

The Bedouin replied, "nothing except my love for you, oh beloved Prophet of Allah (S.A.W)".

The Holy Prophet (P.B.U.H) then answered:

"You will be with those whom you love".

Upon hearing this conversation Hazrat Abubakar Siddique (R.A) asked the Holy Prophet (P.B.U.H)

"will love alone suffice?"

The Holy prophet (P.B.U.H) said, "Yes, The main thing is love".

Hazrat Abu Bakar Siddique (R.A) was so happy with this answer that he began to whirl.

- ☆ Sometimes a single touch can do the miracles, which a thousand words cannot.
- ☆ When you prefer to fulfil other's needs, desiring nothing in return, sacrificing your wishes, you are in love with them.
- ☆ When you leave all your worldly desires and wishes for the sake of Allah and all your wishes and desires are focused towards Allah, it is true divine love, a darwesh's love.
- ☆ Curiosity kills,  
don't be curious about others. They are not your slaves.
- ☆ Love and care your fellow beings irrespective of their caste, creed, colour or belief.

- ☆ Information and knowledge are main obstacles, only extreme love for Allah (SWT) and Aaqa Kareem S.A.W is needed along with divine guidance or companionship of a spiritual teacher (Murshad).
- ☆ Love prevents me asking why? Just afraid that I might make him angry, I don't want to lose Him.  
Some people ask Him, why this happened / happening to me. They don't know ABC of love but sometimes claim to be a lover of Allah.
- ☆ Please put the humanity ahead of everything.
- ☆ My dream:  
Ittehad baynul Muslimeen (Unity among Muslims).
- ☆ We always miss, what we don't have, we forget what we have.
- ☆ No one is working for integrity, unity and love everyone thinks he /she is perfect by pointing out other's mistakes.
- ☆ Forgive others for the sake of Allah (SWT) not for worldly benefits.
- ☆ Remember other's good deeds  
and  
forget their mistakes.
- ☆ Ik dost bola: Yeh raaz samaj nai ayaa  
Poocha : Kiya?  
Bola: Everyone I love, has been taken away from me.  
Whenever I love or trust someone, he betrays, why am I broken down, shattered again & again?  
Told: Jab Allah (SWT) kisi se pyar kartey hain to phior

ossay kisi or ka bannay nahi detay.

- ☆ **L:**  
Learning Tasawwuf  
Long way to go  
Lonely  
Love  
Light of nur  
Life success of this world and hereafter  
Living forever  
Life of oneness.
- ☆ Your "Alhamdullilah" should shine through your smile.
- ☆ Be thankful and don't complain.
- ☆ Decide today  
you want wealth or peace of mind  
only a few get both  
if they spend the wealth for the welfare of others.
- ☆ Why have you stopped forgiving others? but you still want forgiveness for yourself.
- ☆ I strongly condemn the burning of Quran in USA  
Return to Allah , whenever you have a grief....unite...be united...one Ummah...ready for tauba....ready to return to Allah...ready to change ourselves.....ready to become practising Muslims.  
InnAllaha ma'as Sabereen.
- ☆ When he came to know Allah, he stopped all discussions, speeches and dialogues. The bookish knowledge is not needed to know Allah (SWT). Only the thing needed is passion and extreme love for Allah. Then

it's Allah's will.

- ☆ One who loves Allah, cannot harm anyone.
- ☆ In reality, when you start knowing about Allah, you become speechless.
- ☆ A darwesh thinks at universal level, not at individual level.
- ☆ Never test a darwesh , he will not mind but his Friend (Allah SWT) may.
- ☆ Love for the sake of Allah (SWT), is a true love.
- ☆ Better to give.  
(not to expect to have anything from anyone).
- ☆ Everything is fake  
only one reality  
Allah.
- ☆ People spend their whole lives in discussions about Islam but never bother to implement it in their lives.
- ☆ A promise should be fulfilled.
- ☆ Usually people ask for an advice from their Murshad. When advice is given, they don't follow it but their desires.  
Then they ask to pray for them so that their desires come true. Their Murshad does this for them to ease their agony but they continue to follow their desires and behave like a stubborn person, again asking for dua from their Murshad.

As they are following their own desires, not what their Murshad has told them to do in first place, so their matters become more complicated and they suffer a lot , misunderstanding it as their divine tests but in reality this is due to their disobedience.

- ☆ People think that a Shaikh (Murshad) should show miracles and manifest illumination. The requirement of a teacher however, is only that he should possess all that the disciple needs. (Hazrat Mohaiuddin Ibne Arabi)